

A Spiritual Mind Treatment in Free Verse

by Frank L. Henninger

There is a truth
That is beyond all facts
Beyond conditions and appearances
That is whole and complete
Timeless and eternal
Immanent and transcendent
The primary cause of,
and stuff of,
all that is
And that truth is-
there is only One
And it is all good and all love

And this truth sheds its light everywhere
At all times and beyond all time
Expressing itself as all objects and beings
Making us all one with itself and everything else
All at once
All the time
In an infinite variety of ways
Forever expanding
Creating all as unique points of its presence and love

Making me a unique point of this expression
And you and them and all others,
Our animal and plant friends
And rivers and streams
Mountains and valleys
Planets and moons
And everything seen and unseen
All expressions of this one, this truth, this marvelous "it"
The thing itself
The true nature of reality

This everywhere-present One
The Source of all Good, all Form,
All Inspiration and all Life
Celebrates Itself in love and abundance
So that all its expressions never want or fear
Aware of the Christ within
Their Buddha nature
Free of all limitation
Unfolding according to the action of
A Law of Mind
In Divine Order
With all Power and Will
Spirit becoming Form
As thought creates and expresses
And desire reveals the truth of abundance

There is no evil
There is no matter
There is no absence of life, substance or intelligence
There is nothing to hate
And no sickness, sin or death

Thanksgiving and blessings
For this truth
That is experienced by all
From each, for all
In perfect affirmation
And flawless manifestation

May all beings be peaceful
May all be happy and safe
Comforted, and filled with joy
May all awaken to the truth,
 To the light of their nature
May all beings be free
And may each and every life unfold
In perfect love and joy and harmony
According to the Law of Mind
Now and forever more
Released into blessed fulfillment
And now it is so